

005

# Maximum Productivity



LearnThis

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<http://LearnThis.ca>

Resource: 005



I've looked at various topics here at [LearnThis.ca](http://LearnThis.ca) around improving your productivity in your life through techniques, tools, skills and practices but I've never linked or presented many of them together. This is an introduction only for the start of a series of articles that do just that and it will look at maximizing productivity in all areas of your life. I've learned from everything I read that personal development has a fairly high level of overlap in how things can be applied and even though there are very specific things to look at with each article, book or coaching idea, there is also a lot of overlap between them. This series will examine how those overlapping themes can be learned, applied and mastered for maximizing our productivity. So, please read through the topics and come back for the rest of this series! Subscribe to my [RSS feed](#) or [email feed](#) to ensure you don't miss any!

## **Perspective**

I guess the first point to understand is what is productivity. While productivity as a definition is simply producing readily and abundantly, that itself leaves a huge gap as to what you are producing. And that is where I will start things off in this series by looking at your life, tasks, work and everything you do and wish to do from a perspective that matters to you! Being productive is useless if it's not on the things that matter to you. So perspective is first.

## **Attitude**

Next in the series will be to explore attitude. So much about personal development and certainly this site is about your attitude towards things. This is no less true when it comes to learning and mastering productivity.

## **Focus**

The right knowledge and attitude towards something is useless if you have no time or attention spent on it. Focus is absolutely required to become productive and really, it is a key part of the action steps. We'll look closer at how to apply focus in our lives and to gain the most from doing it!

## Persistence

Productivity is something that seems to come and go for a lot of people. We all go through phases in life so of course there will be variation, but maximizing productivity is about applying the right techniques to be consistent. With all the things that can get in the way, we need to be very persistent to make this happen. We'll look specifically at how to do this once you've captured segments of great productivity. Keeping it going is the real payoff!

## Adventure

Everyone knows how challenging life can be and that it seems to throw stuff in our way all the time. Most people think of those things as obstacles to avoid and prevent but what about the adventure that comes with those obstacles. Most of the great stories in life and of people are always about ridiculous odds, crazy circumstances, difficult challenges, surprising events, and all kinds of other things that just don't happen every day. Looking to make some of these things happen is a great way to expand your ability to produce and we'll discuss how those adventures can improve your productivity.

## Connections

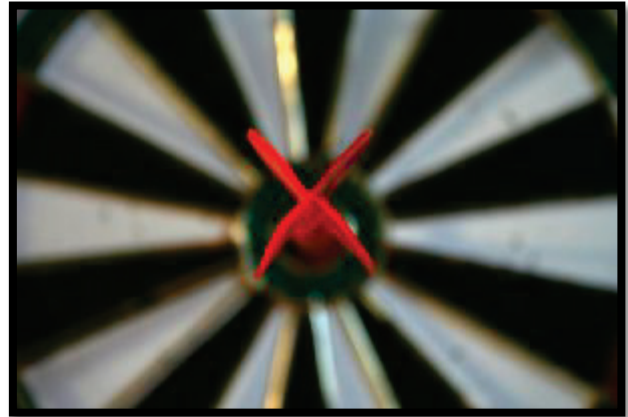
All this work is lost within a single person's life if it isn't shared with others. You'll also require the help of others if you really want to be at your maximum productivity. This article will explore the value of connections and relationships in maximizing your productivity.



I guess the first point to understand is what is productivity? While productivity as a definition is simply producing readily and abundantly, that itself leaves a huge gap for what you are producing. And that is where I will start things off in this series by looking at life, tasks, work and everything people do and wish to do from a perspective that matters or has some purpose! Being productive is useless if it's not on the things that matter to you. So perspective is first.

## Perspective

Perspective is really about looking at where productivity can be applied in your life. It's about taking a step back to analyze your situations and environment to see what it is you want to be productive at. This allows you to put more efforts and productive work towards the things that are in some way meaningful to you. To gain that perspective there are a number of things you can do to change your normal perspective and realize what does matter.



- [Explore your passions](#)
- Discuss and even debate with others
- Read books that question or expand your views
- Ask others for their opinions and stay open minded
- Write your will or obituary for yourself
- Explore and understand the legacy you want to leave
- Imagine yourself in other people's situations and challenges
- Look at how your creativity can change your perception
- Study and learn new things to gain new understanding
- Ignore your gut or instinctive response

All of these things can help you to step back from what is normal in your life and analyze new situations from a distance. It's critical to CHANGE and EXPAND your views on every subject without limiting yourself to your old beliefs. It's often those new areas that will truly let you see not only what you can do to be productive but also why that is important!

## Identity

The way you see things is a big part of one's identity so expanding that and exploring it deeply is done to really take a deep look at oneself.

- Do you know what drives and motivates you to do the things you do?
- Could you explain all of your actions to others and would you be happy to hear that explanation?
- Is the time you spend on things productive to you?
- Are you OK with that whether it is or isn't?
- How much time do you spend productively?
- Can you change that and do you want to?

The things you consider to be productive should be the things you enjoy doing and want to do. That is part of what drives you to do it and so of course this drive has to come from within to have any lasting impact. That is why I encourage you to reflect on those questions above, answer them truthfully and look at what reveals itself. It's impossible to just become productive

overnight and it is a slow process to change since it's your identity, not just your productive actions, that must also change to shift to seeing that new perspective that is required in everything. That perspective change will enable you to learn easier from new experiences and adapt quicker to changes. This will make controlling your productivity much easier. Expanding and seeing with more perspective is also helpful to look for improvements, optimizations and ways to be more productive. Instead of just thinking the current way is the only or best way to do something, you can accept suggestions, changes and help to increase your productivity.

## Who Do You Do It For?

This concept of perspective applies not only in looking at productivity directly and seeing areas to improve that but also in why you do it. What makes you want to those things and motivate you to improve. To what end? Do you have something to achieve in working at those areas? Some people do it for approval, to be liked, to make themselves happy, to meet others. Some do it for status, material things, health or longevity. I personally look at productivity more from an angle of service to others. I want to do things that are productive not only for me, but for others, for strangers, for family, for new friends, old friends, and for God. Those are things that I highly value they motivate me to drive forward in creating more time, more productivity and more results in the areas that are service oriented.

So who do YOU do things for? Can you say that you are working with a purpose, a mission and set of values? I hope if you don't that you stop to take a look at why you do things, what will leave you happy if you only had short time to live and that you are able to be productive with the things you want out of life. That, my friends, is what perspective is for and I hope I've been able to shed a little bit of new light on this first article in a series for maximizing your productivity.

*Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. Colossians 3:23*



Every avenue of life has one variable that allows you to have a unique experience from it. That is your attitude. You can experience the exact set of events as 100 other people, but you will have your own unique experience, as will each of the other people. The way you experience something and how you

and feel through that is what makes you, YOU! The attitude you have and demonstrate completely shapes not only your actions at that specific moment, but your entire personality and character. Similarly, it shapes the way you look at productivity and that's what we'll look at here.

## Self Confidence

The biggest area I see suffering when people do not have a healthy attitude is self confidence. I don't want to label an attitude as good or bad as that seems to superficial to me but what I do want to do is lean those terms to what I would call a healthy or unhealthy attitude. A healthy attitude when it comes to maximizing your productivity is one that further enables a person to accomplish the things they put their mind to. An unhealthy attitude is one that diminishes that. The things that affect that are really a collection of the thoughts, words, expression and body posture. All these things make up your physiology and it leaves in your mind, your own interpretation of what you think of yourself. Looking at that over a variety of actions and time is what really shapes your self confidence. If you look to build that confidence by choosing and steering your mind and make visible the actions you want, you have direct control of what becomes your attitude. There are many ways to choose and control your attitude and instead of getting into many details, I'll simply reference a few articles I've written before that should help to control and set the attitude that is healthy for maximum productivity!

- [Beliefs: They're Entirely Yours to Control](#)
- [Goal Setting: Setting and Identifying](#)
- [Passion: Find your passion in life](#)
- [You Choose Every Response](#)
- [Stop Complaining To Instantly Improve Your Life](#)
- [A Guide to Mastering Your State of Mind](#)

## Motivation

A big part of productivity is about understanding motivation and to see where your attitude ties in with that. I recently wrote an article about [How to Find and Develop your Own Internal Motivation](#) and this is a major step in shaping a productive attitude. The things that motivate you in a positive way with regards to attitude is anything that leads you closer to your productive actions and results. If it steers you away from or deters you from those then it's not a productive motivator. If you are to stop and list all the things that motivate and demotivate you towards being more productive, you can then begin to choose to engage in the helpful things and stay away from the ones that hinder you. The more you experience the things that help motivate you, the more you will see progress and improvements in your productivity and this continues to cascade.



## Creativity

Another aspect of a healthy attitude for maximum productivity is with your creativity. Creativity is something that enables people to get unstuck in difficult circumstances, see solutions to problems that might otherwise hold someone back and it gives you an opportunity to try new things. It is an important trait of any highly productive person and so exercising your creative mind strengthens it and continues to build an attitude of working towards an end. Carrying through with that and learning from creative work is what enables you to make quicker judgments and decisions on similar circumstances in the future, which continues to increase your productivity.

## Health

I included health as an important aspect of building a productive attitude because I constantly see how health affects people. It is certainly related to self-confidence but I believe it is a strong enough component on its own, it's worth including. Health is more than just your **physical** health, it also includes your **mental** health, **spiritual** health and **relational** health. These areas all highly impact people's attitudes and any one of them can quickly shift a person from a great day and mood to a terrible one, or vice versa.

If you want to examine ways to improve your attitude, then these 4 areas are great starting areas. Identify the things you love in each and do more of it. The things you don't like, stop. It's fairly simple. For example, if you find that your mental health is affected because you like to learn, then spend more time learning. This will improve your mental health and can help your attitude. Not only that, but it's a powerful way to see that you can steer your actions which applies to other productivity areas as well.

## Happiness

Last and certainly not least, I feel that happiness plays an important role in attitude which further shapes a person's ability to be productive. Everything that happens to us influences us, but how we react and how we let that affect us is a direct reflection on our choices and IF we let it change our mood. You have a choice whether you want some sad news to make you sad as well or if you can continue to see positive things and be happy even amongst sad circumstances or events. A person with a happy attitude can generally deal with bad circumstances more effectively because they are able to keep a positive mind and look for ways to improve and get back to a happy state. If you let yourself become what you experience, you will likely find yourself having a lot of difficult days with regular poor moods. That inhibits the mind from seeing positive solutions and getting attentive to do productive things.

When people who are very happy encounter unhappy circumstances, they take responsibility to change that and make things better. This applies with productivity as well and is a superb training grounds to not only look for ways to improve and get better, but for overcoming situations that would otherwise get in the way of you reaching your maximum productivity!

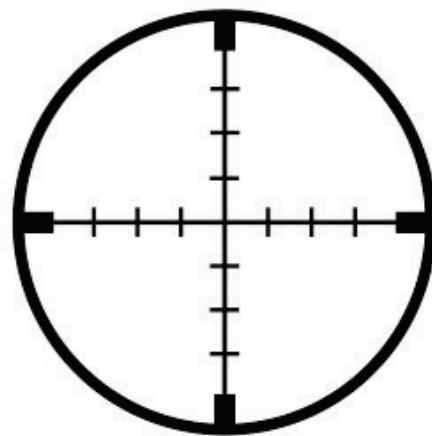


Productive focus is narrowing your actions and time in on the areas that produce results. Using this to maximize your productivity has a number of benefits and is something that is especially hard to do in today's society and workplaces and it is actually getting hard and harder as we use more technology.

### **Technology Distractions**

Technology is really only useful if it does something for us to make our lives better or easier. While we are constantly taking advantage of that with technology in our lives, I cannot say that it comes without a cost. That cost is focus. Technology is connecting and enabling anyone to have a wealth of information available at their fingertips, anywhere and at anytime. That anytime is the dangerous part. Most people allow phone calls, email and internet to be an integral part of every day and they let it distract them with a moment's notice for low value activities. We let popups, audible alerts, vibrating devices, flashing LEDs, and many other digital distractions consume our precious attention regardless of the priority of that digital tidbit. Many people find that they just don't know how to work without these tools, let alone get maximum productivity without them. This is where technology needs to be eliminated in order for a person to learn and really experience the power of focus. The ability to stay disconnected and attentive on a single set of tasks is critical to maximize your productivity. If you can't do this for a few hours at a time, you have more work to do to master the power of focus. I challenge you to go a whole day without your cell phone, email, internet or handheld device. Try working at one thing at a time and don't let anyone or anything distract you from it.

This article I wrote should help give you more ideas about how you can focus while working on a computer. [Maximize Your Productivity on Your Computer](#)



## **Stop Wasting Time**

If all those technology distractions are not enough, media can easily consume any additional time you might have. We all love our media, whether its books, TV, newspapers, movies or internet, and while they can provide a valuable time for relaxation and entertainment, they consume far more hours in our lives than useful. And unfortunately, there is a staggering amount of bad media and full of poor or negative messages bombarding us in these various media channels. Television is my least favorite and it is also the most time consuming to the general public. Most people spend hours every day watching television and then griping about their life situations, finances, relational problems and negative attitudes. It amazes me. If I was ever to teach a psychiatrist school, I would give them one technique to use with their patients and it would work to fix most people's problems in life. That technique would be to eliminate television from your daily routine. Oddly enough, people can stay focused on the television for hours on end, yet will immediately complain about not having time to start a business, or build relationships, or work a little harder in school or a job. Getting rid of television is a great way to focus more time on productive things and to stop wasting it. I personally watch only about 1 hour per week and I've developed a love and value of all the time I have outside of television.

Newspapers and the internet can easily be as bad at wasting time. Set a completion time when you take on these activities and track your time carefully. Pay attention to what you are reading or surfing and look to keep asking yourself if it is useful. It's so easy to get sidetracked by advertisements with these media we often find ourselves spending massive amounts of time reading things that we don't even know how we got to it in the first place.

## **Do Productive Work First**

For some people, eliminating the distractions and time wasters won't be easy and even if you work at it, you may not be very successful at it for some time. To change that I recommend to always do your productive work first. Plan to spend just a few minutes a day when you first start work and again when you first get home or finish supper to do some productive tasks. Those few minutes can often turn into hours where you will get a lot of productive work done or they might just be a few minutes, either way, it trains you to do that first and to continually make progress and practice maximizing your productivity.

## **Build Your Mind**

Training your mind to focus and stay productive is what it really takes to maximize this. To focus your mind, you need to do a lot of the similar things as I've outlined above about your physical activities. You need to break the patterns in your mind that distract you, that feed limiting beliefs, that clutter your thoughts and prevent your ability to stay attentive and focused. There are many ways to do this, but it requires that you develop new beliefs and patterns that encourage productive behavior. Take a look at this article on [Beliefs: They're Entirely Yours to Control](#) .

Aside from working to eliminate specific things from your mind, you can also develop your mind by learning and practicing to be more positive, focused and productive. The best way to practice focus in the mind is to do it without distractions. No people, no music, no technology, nothing! Find a place of solitude (preferable in nature) and stay there focusing on a specific topic. Let your mind wander around that subject but pull your thoughts back to the same topic over and over each time it drifts. Focus on visualizing and detailing everything you can about that topic you are focused on. Imagine it and be creative in your mind. Imagine being productive, staying productive in the present and future and even what maximum productivity looks like. Focus those thoughts and images and repeat them. Practice until you can instantly bring that image into your mind of you being at your maximum potential. Lock those thoughts into your mind and remember how you felt and use those feelings or some action as an anchor point to return your mind to that state in the future. If you [master your state of mind](#), you can learn to switch your mind into that state immediately and focus on it. This is a great skill to develop for building your mind to help you reach your maximum productivity.

What are the methods you use to focus? Do you agree or disagree with these ideas? I'd love to hear your comments and further the discussion on focusing for productivity. Please add your comments below!



Persistence is continuing to do something in all kinds of situations no matter what happens. Maximizing productivity definitely requires that since there are many difficulties and short term setbacks in learning to do new things and becoming productive.

### **Steps for Persistence**

I've got 5 steps to follow to be persistent and I'll outline how each of those can be applied for maximum productivity.

#### **Step 1: Direction**



Being persistent is not enough. You need to be persistent at things that continues to steer you in the right direction. I love the analogy where a plane traveling from point A to point B is off course the majority of the time and just continually correcting that course to keep steering in the proper direction to get to the destination. If people would look at productivity the same way, they would realize they need to constantly be changing paths, using new tools, ideas and methods while always going in the right direction. You have to look past any one particular setback or failure, and continue to move forward regardless of that temporary setback. Knowing your direction and where you want to get with your productive tasks allows you to work in the right direction. That is the first step to being persistent with productivity.

## **Step 2:Plan**

Once you know the direction, it's important to make a plan to get there. It may be an elaborate plan or just a couple of simple steps, but as long as your plan moves you in the right direction, you make progress and can move to the next step. There are a number of ways to develop this plan and it is something you shouldn't try to make perfect. Persistence relies on doing things over and over so the plan you start with can change and evolve over and over. Some of the ways you might want to consider building a plan are:

- Brainstorming ideas and just write down everything that comes to mind
- Think of things that have worked for you in the past
- Identify the people you could contact to get help from
- List new methods and techniques to try
- Research ways others have done the same things you want to do

## **Step 3:Prioritize**

Once you have some plans or at least some possibilities, you need to look at prioritizing things. First you should prioritize your plans if you have a few ideas and look at which specific things you want to do. Make sure the plans make sense and that it is something you can work on. Do you have the resources to do it or do you need to find that still? Pick the things that you will be able to do or ensure your plan has steps that will get you what you need in order to then get started.

## **Step 4:Act**

This step is simply doing what it takes to put your plan into action. While this often seems like it is making things sound easier than they are, that is not ever the case. Taking some action in your plan should not be difficult or elaborate. If you don't know how to do something yet, then pick an action that will help you figure that out. Take an action to do some research or to learn more about the topic before you are ready to move ahead. There is always something you can do to [make progress, even if it is small](#) . That is the important part here in being productive and it will keep you from ever getting stuck for a long time.

## **Step 5:Repeat**

The last step in to be persistent is to simply repeat these steps. Go back to step 1, to ensure you are still heading in the right direction. Keep your perspective in mind, your positive attitude and focus you've learned from my previous articles in this series and start these steps again. You can either reuse your plans, or adjust it as needed. Just keep repeating through these steps and you're on the path to reaching your maximum productivity.

## **Repeat Your Successes**

As you execute these steps and make a number of passes through them, you'll learn some things that worked and some that didn't. This is valuable to learn and use for continuing to improve your productivity. The things that work well for you are things you should look to repeat and enjoy the benefits of. Recognizing that progress definitely makes persistence a little easier and it will help to motivate you to keep working at it!

## **Don't Make it Hard**

Persistence is not something that will come quickly and it will certainly not come without a lot of mistakes along the way. Don't make it hard for yourself by expecting too much too quickly and ensure you take your time to slowly learn this practice of persistence. You will have setbacks and sometimes the plans or actions you put in place won't work or be productive. That's OK. Just stop to learn from the mistake and go back to your steps and start again.



## **Expect the Unexpected**

If there is anything you can definitely expect in learning to maximize your productivity, it's going to be that you will have some new experiences. Some good, some bad, some productive and some not but all will teach you something and all are useful to learn an important trait of any productivity master, the trait of adventure!

As you read in my last article about persistence, once you have that underway, you will find yourself needing to change plans and try new action steps to find what works and does not work.

This will undoubtedly bring new challenges and you will certainly have new adventures along the way.

## **Learn From It**

As you progress with your new perspective, focus, attitude and persistence, you will be building many experiences and adventures to learn from. Take account of what changes you've made in each of these areas and how it works to expand your productivity. Adventures are also wonderful ways to remember things. The mind wires far more associations for new experiences that are adventurous than it does for boring and unexcited regular events. If you think that you can maximize productivity without having any adventures that excite the mind, you'll be missing something. Making things more exciting, taking risks, and just being more energetic in your activities is adventurous and an easy way to make tasks more fun, contagious and easier to do.

## **Story Telling**

I've written about the [advantages of storytelling](#) before but looked at it with a number of advantages except that for productivity. There is definitely a lot of advantages in having adventurous stories to help teach and learn things. I think that the spirit that is needed for successful storytelling is the same that is needed for an adventurous spirit for productivity. These are all similarly important for using adventure to be more productive:

- look for the positive things
- make a strong point
- highlight humorous details
- stay excited and energetic
- put expression into the way you tell it
- reuse successes and stories that work well
- paint a vivid picture in your mind
- enjoy telling and remembering it

All these things are important for an adventurous spirit and it's that spirit that builds on your attitude and actions to be even more productive.

## **Connections and Relationships**

While you can certainly have adventures on your own, most people would agree that they are much more memorable and exciting if you have them with other people. These relationships built during adventures can be very deep as they don't just connect people at a daily superficial level but in some exciting shared experience. It feels good to share these memories with others and it definitely reinforces the desire for such adventures when they go well. The same applies with being more productive, if you do it together with close connections and relationships, it is much more satisfying to share the successes together. You can feed off each other and encourage each other to get through some of the difficult times and you can make a more difficult adventure much more bearable by having a friend at your side. Becoming productive is not all easy and you

will certainly reach points where it just doesn't feel good. That could be due to struggles, difficulties in learning new things, tough habits to break, relationships strained because of change, challenges in not know the answers or right approach. All of these make maximizing your productivity hard and so any close connections and relationships you have to get through that are very important.

## Comfort Zone

An adventurous soul is one who is not afraid to try new things and take on new challenges. This happens only when you break out your normal life habits that feel comfortable and get into a new zone of change and unknown. Its these areas that you will discover the most and learn about yourself. Think about the most amazing and inspiring stories and adventures you have ever heard. Where they about a guy who did his day job for 45 years, played golf and bingo for 20 more and then died? No, they are about people

who do the unthinkable, challenge the impossible, overcome unbeatable odds, continuously do outrageous and ridiculous things. They are the adventures and people who have surprising events, massive change in their lives, zero or little comfort and are happy and willing to do what most consider to be a little on the side of crazy. It's about reaching past your everyday life and expanding it, stretching your abilities and pushing yourself and your limits farther than most are willing. That comfort zone we settle into with a wall of possessions holds us to a level of complacency and comfort that is tough to break free of. Change That! Look for some adventure and get out of your comfort zone. Do it in areas of productivity and you will discover things about yourself you never know possible. You can do more than you ever knew and you'll quite likely, find you enjoy it a whole lot more than you ever thought possible.

I hope I can encourage at least some of my readers here to take a serious look at this with your productivity in your life. Whether you are a student, worker, blogger, teacher or parent, recognize the things you are repeating over and over in your life. Do they make you happy? Do you want more of those or is there some room for change and new adventures? What have you always wanted to be better at but never taken a step to master? Is there any adventures you could take to help you study and increase your productivity in your life? I hope so. I'd love to hear about your ideas, please comment below or add your stories of adventures.





After writing so much on specific areas to maximize productivity, I've found myself continually wanted to add points that belong in this last section. Looking at productivity from the angles of [perspective](#) , [attitude](#) , [focus](#) , [persistence](#) and [adventure](#) leave me with a challenge to in some way connect all those together and to help you anchor in not only what it is that fits these puzzle pieces together, but also why? I hope this article can portray that and show where that has become much more apparent to me in my life.

### **You Can't Do It Alone**

It seems obvious that you can't reach your maximum productivity on your own. You need to have resources, learning material, people to motivate you, give you feedback and to help you along your way. Even though we all know this when we stop to look at things, we still have this weird natural tendency to do it by ourselves. There is this strange force that is drilled into people (and I think even more so in North America) that you should learn to be independent and able to handle anything on your own. We separate ourselves from others and then hope to achieve great things. I've learned one thing, that doesn't work! You will not ever reach your maximum productivity or potential in other things on your own. You must rely on others and build connections!

Of course there is some room for argument in this but I think those arguments only apply when looking at a small slice of time. Yes, it is possible to be very productive on your own, for certain things but I'm thinking of productivity now on a much grander scale where it applies across some longer period of time; weeks, months and even years. That definitely requires connections to make it last and to be able to sustain it. Life has it's cycles up and down and there is no easier way to get out of a slump than to have close relationships to rely on. Stuff happens, bad stuff happens and close friends and relationships make it whole lot easier. This enables us to move on with things in our lives and keep that productivity up.

### **Connections in Numbers**

Human beings are social animals. We always have been. We always will be. Having others in our lives gives us everything from security and confidence to trust and accountability. Having more than ourselves is valuable for getting things down as well. Momentum can build by involving others, you have access to more ideas, and creativity. You can easily be more productive by getting help from others!

Now what about helping others? Wouldn't taking precious time away from your productive tasks prevent you from getting your maximum productivity? I'd say absolutely not. At least not in a longer time scale. What it does is bring on an even higher level of productivity, but with delay. It amazes me how inclined others are to help if you simply ask or offer it first yourself. Building the numbers with connections enables more of this and gives you access to so many helpful resources it can make any task something much easier to be productive at. Having that strong network for help and support not only gives you access to more resources it enables you to utilize all the resources to be productive. That is something I've learned about teamwork and productivity that has an absolutely massive payoff. Take some time and think about whether you are really using ALL the resources available to accomplish what you want. What about doing research and learning from others? Isn't that where having a large number of connections improves productivity? I think so.

## **Depth of Connections**

I personally know that even in blogging, these connections and number of relationships is a crucial component to be productive. If you have a network of people who inspire, question and challenge you, support and help, you can much more easily research topics, come to conclusions, put down ideas and have discussions that take that even further. That same principle applies in work, fun and relationships in life. I think that allows people to understand things with more depth and coverage and reach a higher level of productivity because of it.

While I certainly don't want to contradict myself, I do want to mention that I feel that the depth of connections you build is MORE important than the number of connections. In the sense of productivity, relationships are key to getting things done. The accountability, rapport and collaboration that is available through others far outweighs any offsets of time lost by utilizing these traits. I wrote on technology already in the focus article in this series but I think it again needs to be carefully balanced here for building connections. Technology makes it easy to quickly connect with many people. However, it doesn't inherently enable us to make deeper connections. That takes time, commitment, trust and LOTS of communication. While things like website and blogs certainly help to find likeminded individuals that allow you connect immediately at a more personal level, they don't do much to ensure you take that deeper. It's up to you to do that with or without the technology.

By building deeper relationships I mean where you understand each other's dreams, hopes, needs, fears and you really KNOW the person. You spend time together and you are genuinely interested, caring, compassionate and wanting to spend time with them. It's not another friend in facebook, another visitor to your site or a contact in your cell phone. It's someone you could rely on in the time of need or someone you'd help out without a second thought. These type of deep connections enable all those characteristics of productivity through others to be at their highest level. That brings on maximum productivity!

## **Feedback For Improvement**

Productivity obviously doesn't happen on its own and perhaps this series is a little overwhelming as to what it involves to really reach your maximum productivity. However, I think the that feedback in that cycle of improvement is really the easiest way to progress. This also relies on your connections so builds that area at the same time. Feedback to and from others is as simple as asking or informing others of what they do well, don't do well or could change by specific suggestions. Feedback should address specific things a person does so that it isn't taken personally and it should also be something you go looking for. If you want to increase your productivity, start asking others around you how they think you could do that.

## **Connecting It All Together for Maximum Productivity**

These topics have been a great way to explore productivity and I personally believe that they all tie together in this connections segment. Without this area to explore things with others, I can't put much value on productivity outside of selfish and short term thinking. The connections that develop and enable us to be at maximum productivity are the things we will remember, value through our lives and have the most impact to others. So that is what it's all about for me.

As well, I think this series has led me to understanding the purpose of productivity better. I think it is simple and explains why anyone would want to reach their maximum productivity:

**To become the best person you can possibly be!**

## ABOUT THE AUTHOR

Mike King is the author of [Learn This](#) and has created this content via his blog site for all to enjoy.

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This document was first created on November 27, 2008

First Published in: November 2008

Last Revision: none